

Jericho Ministries

General Info Package for short term group visits



Jericho Ministries Mission Trip

Contents

Who We Are & What We Do	2
Where am I traveling to?	4
Trip Investment	
Tentative Schedule	
What to Bring	
FAQ	
Key Dates	12
Next Steps	
	1.4

Who We Are & What We Do

About Founder & Our Story

Betsy Hake is the founder and Director of Jericho Ministries. At 8 years of age, Betsy felt a call to missions when a missionary visited her church, but it wasn't until she was in her last year of High School that she got to know Jesus. After having participated in a missions trip to Guatemala during her college years, Betsy decided to let Jesus lead her life. In 1980, she arrived in Puerto Cortes on the North Coast of Honduras to teach second grade in a bilingual school. During this time she felt the call to long term missions. After six years of her calling, Betsy moved to the capital city of Honduras and joined a team of SAMS missionaries, where she worked for some years. Later on, God put a burden on her heart for women trapped in prostitution. She asked God, "Who are the people in this city who will never set foot in your church without us going to them?" So, with this burden to reach out to women trapped in prostitution, Betsy decided to begin Jericho Ministries. Throughout the years, God has expanded Jericho's vision to reach out to more people and to have a greater impact in Honduras.

In 1998, Jericho began its work with women trapped in prostitution. Jericho began with visits to the streets to share the love of Jesus with them. During the beginning phase, Jericho consisted of a sewing workshop where the women had the opportunity to acquire skills, so they wouldn't continue in their old life. Later on, it was evident that the children of the women needed to be taken care of and this gave birth to Jericho bilingual school. Today, Jericho still reaches out to women, but its main area of work is with children. The Jericho Children's Home (The Villa) is home to many girls that God has brought to our family. In the last couple of years The Villa, has become a safe place for girls from Intibucá. This region of Honduras is predominantly Lenca Indian and has a high rate of illiteracy, alcoholism and abuse. Today, most of the girls living at the Villa come from this area.

What We Do

Jericho Ministries is a multifaceted Christian ministry which started as an outreach to women trapped in prostitution. It has grown to include four ministry sites: a children's home in the country, an urban school, a women's workshop, and a boy's home in the city of Tegucigalpa. Our vision is to equip women and children to glorify God and serve Him by breaking the chains of prostitution, sexual abuse and addictions that have plagued their families for generations.

Our Children's home is called Jericho Villa and is-located-out in the country, where the children that God brings to us are educated and healed by the power of the Holy Spirit. All of our children experienced extremely traumatic childhoods due to poor decisions on the part of their parents. Our prayer is that through vocational and formal education, discipleship training, and loving care in a family atmosphere, they will be equipped and set free to become all that God has in mind for them.

Jericho School is located in the capital city of Tegucigalpa. The mission of this school is to reach out to children at high risk in the city so they can receive formal education and their teachers can minister to their emotional and spiritual needs. Then they can fulfill the dreams God has for them. Jericho sewing workshop's mission is to reach out to marginalized women from the streets and the city dump. Through our sewing workshop women gain practical life skills and are encouraged to walk in the truth of the value and worth they have in Christ. Finally, the Jericho's Boy's Home, is home to several boys who receive formal education and Eduardo, their caregiver, helps minister to their emotional and spiritual needs. Then they can fulfill the dreams God has for them.

Where am I traveling to?

General info about Honduras

Honduras is located in Central America. Honduras was home to several important Mesoamerican cultures, most notably the Maya, before the Spanish Colonization. Its predominant religion is Catholic with the second most predominant being evangelical Christians. Honduran economy is primarily agricultural. The lower class population in Honduras is agriculturally based, while wealth is concentrated in-urban centers. In regards to its population, 66% of the population lives in poverty. Some of the social problems such as gang violence, massive migration to the U.S etc., are caused by this poverty and lack of job opportunities for people. Honduras has two weather seasons during the year-rainy and dry. The rainy season is from May to October, temperatures range from 65°F to 87°F. The dry season is from November to April, temperatures range from 61°F to 88°F.

Trip Investment

Cost: Estimated to be \$2,500 per person

For the mission trip cost: (all estimates)

Flights: \$1,000 Baggage: \$100

Room and Board: \$700 Travel in Honduras: \$100 Meals in Honduras: \$200

Hotel Stays: \$200

Misc: \$200 (adventure with the girls, lunch on the hike, cookie-

supplies, pizza making supplies, megapoca shopping, etc)

Total: \$2500 (if we can get flights for less than the cost would go

down)

Initial Deposit – Non-refundable – May 1, 2024 - \$50
First down payment due June 1, 2024 - \$1250
Final payment due October 1, 2024 - \$1200
Anyone choosing to attend trip after flights have been booked may incur a higher flight price and baggage fees
Once flights are scheduled there are no refunds unless travel insurance is purchased by the individual

Team could choose to fundraise to pay for some of the expenses. Team will be expected to help secure donations for the Christmas Stockings to be delivered on this trip. <u>Amazon Wish List</u>

Planning meetings will be scheduled monthly beginning in July.

Tentative Schedule

November 12 - Travel Day

November 13 - Jericho Training, Tour of property

November 14 - Hike to Lookout Mountain, Picnic Lunch, Assemble

Stockings

November 15 - Christmas Cookie Decorating, Game Play, Pizza Making

November 16 - Trip with the girls to Rain Forest

November 17 - Church, Day of Play, Ornament Making, Thank you Cards

November 18 - Dump Visit, School in Tegus Tour, Shopping

November 19 - Shopping at MegaPoca - Tara and Elivia Adventure with the

girls

November 20 - Activity to help with their mission trip, Bonfire

November 21 - Travel Day Home

What to Bring

- Bible/Journal
- Clothing it will be summer weather there
 - 4-5 Shorts/capris
 - 2-3 pants
 - 6-7 shirts
 - 1-2 sweatshirts/sweater

Dress for church - not required

Tennis shoes/flip flops

Hat - helps with sun or bad hair day

- Sunscreen/bug spray
- Flashlight
- Personal Care items
- Great attitude

Jericho Ministries – Frequently Asked Questions (FAQ)

Thank you for your heart to serve in Honduras at Jericho Ministries. This FAQ is designed to answer questions you might have regarding this trip.

Q. Where will we stay?

A. The team from Pathways will stay at Jericho Ministries located just outside of Danli. We will reside in the villa which will have a large room with 4-6 twin beds and an attached bathroom. The room will have provided bedding including sheets, blanket and pillow.

Q. What is the cost?

A. The mission trip fee is approximately \$2,500.00 per volunteer for the week. You may want spending money for snacks and shopping (if we do that). They do accept American money and \$200.00 is more than enough.

You may feel the need to give money as opportunities come up. That money is up to you to give during the time you are there. Jericho will pull at your heart strings. God will speak to you. If you would like to give money on the streets to people, it will be necessary for you to ask our hosts if it is appropriate. Our hosts will give feedback to understand situations of begging.

Q. What do our travel days look like?

A. The travel days can be very long. Each traveler will have two 70 lb. bags assigned to them filled with stocking stuffers and other fun things we will bring. You will also have your personal suitcase and backpack on the plane with you. The luggage can be very difficult to maneuver because of the weight.

Our tentative flight schedule with United is to leave from Appleton (easiest with luggage), fly to Chicago then Houston. We will spend the night in

Houston at the hotel airport. Up the next morning to arrive in Honduras about 1:30. We then have a 4-5 hour car ride. There is considerable construction which is really slowing traffic down.

To fly home is a little trickier (less luggage and everything you need will be in your backpack for the night). Option 1: Up at 6:00 AM drive 4-5 hours to the airport to catch 1:30ish flight, fly to Houston spend the night. Up the next morning to catch a 5:00 AM flight to Chicago then Appleton home about noon. Option 2: Up at 6:00 AM drive 4-5 hours to the airport to catch 1:30ish flight, fly to Houston, fly to Chicago arrive about midnight. Spend the night fly home next morning arriving around noon.

Q. What will the volunteers be doing?

A. Our trip plan has not been 100% determined, see tentative schedule. As a team we are able to create ideas of what we would like to do. At the least, we will lead a night of prayer, assemble stockings (which does stress Tara out - so be patient with my impatience), and play with the girls. There is a considerable amount of construction going into town, which may inhibit some of our activities.

Q. Are there showers?

A. Absolutely and even hot water! Towels are provided as well. Bring shampoo/conditioner and your favorite soap.

Q. Are there laundry facilities?

A. Laundry is available in an emergency.

Q. How are meals arranged?

A. While at Jericho you will not go hungry! The food is really good and has an American flare to it at times. We are served three meals a day while at the villa. If we are out, we will stop to eat. Breakfast is generally between 8:00-8:30 depending on the activities for the day. Lunch is around 12:30-1:00 - this is the largest meal of the day. Dinner is served around 6:00-6:30.

Meal time is a great time to sit and reflect on the day. It is also is a time the hosts will give insight to their lives growing up, stories about the girls and the incredible role Jesus plays in their lives every day.

Q. Are there stores close by to purchase our food items that we provide?

A. There are no stores close by, however, we can stop at a gas station. There are a few Honduran snacks that are recommended to try. We will stop at a grocery store at some point, determining the time is not easy. Pack snacks in your bag, in all honesty, it is possible you will never eat them.

Q. Can you accommodate a volunteer with food allergies?

A. Unfortunately, we are unable to accommodate special diets, nor can we guarantee an allergy free environment; however, many volunteers who have food allergies bring their own food to ensure they have no issues. If you are in this category, please let Tara know. This will enable planning for packing.

Q. What age limits apply?

A. 14 years of age or older.

Q. What volunteer information is required?

A. The team leader will receive a confirmation email outlining the volunteer information that we require from each person. Each volunteer must have medical insurance to participate on the mission trip. If they are not signed up with insurance, they can purchase insurance from one of several companies that offer medical insurance for the ministry week. Another requirement is that each volunteer eighteen (18) and over must complete a background check.

Q. What are the other requirements for the team members?

A. A desire to be the hands and feet of God to a hurting community. A volunteer would do best if they are in decent health. For those who cannot physically commit, we need people to talk to and pray with those who were impacted.

BE FLEXIBLE - schedules can change in a matter of 2 seconds. Taking care of 40 girls can make for some unpredictable situations and needs.

Q. Is there Internet available?

A. There is not internet readily available at this time. During times we are in town it is possible to find internet. It is recommended that one takes 2 minutes in the airport to tell your loved ones you have arrived. In the event of an emergency wifi is available. Keep in mind this is a mission trip and phones can be very distracting.

Please feel free to contact Tara Gagne if you have any questions at gagnefamily5@yahoo.com or call 920-470-8272.

Key Dates

Payment Dates		
May 1, 2024	\$50.00 non-refundable deposit due	
June 1, 2024	First Down Payment Due - \$1,250.00	
October 1, 2024	Final Payment Due - \$1,200.00	

	Planning Meeting Dates to be held at Gagne's
333	4 Knox Lane
Neenah, WI 54956	
July 22, 2024	5:30 pm – Dinner served
August 18, 2024	5:30 pm – Dinner served
	Discuss first half of Road to Jericho
	book
September 23, 2024	5:30 pm – Dinner served
	Discuss second half of Road to
	Jericho book
October 20, 2024	5:30 pm – Dinner served
	Personal goals for the trip. Pack
	the bags.
November 10, 2024	5:30 pm – Dinner served
	Final details

Tara Gagne
gagnefamily5@yahoo.com
920-470-8272

Next Steps

• Sign up for trip and pay initial \$50.00 non-refundable deposit here:

https://pathwayschurch.ccbchurch.com/goto/forms/992/responses/new or scan this code:



- Complete:
 - o Personal & Emergency Contact Form
 - Assumption of Risk and Responsibility Form
 - o Return both to Tara Gagne by June 1, 2024.
- First Installment Payment Due June 1, 2024
- Final Installment Due October 1, 2024

Forms

Personal & Emergency Contact Form
Assumption of Risk and Responsibility Form
CDC Travelers Health Form
Smart Traveler Enrollment (US Department of State Form)

PERSONAL & EMERGENCY CONTACT FORM

Name:	
Personal Contact Info	
Home Address:	
Phone Number:	
Primary Emergency Contact Info	
Name:	
Relationship:	
Phone Number:	
Secondary Emergency Contact Info	
Name:	
Relationship:	
Phone Number:	
	
Signature	
I have voluntarily provided the above contact information and authorize Pathways Church and its representatives to contact any of the above on my behalf in the event of an emergency.	
Signature:	
Date:	



Conditions of Participation – Mission Trip to Jericho Ministries in Honduras

Assumption of Risk, Responsibility and General Release Agreement

IN CONSIDERATION for my participation in a short-term mission trip through Pathways Church on or about November 12, 2024 through November 21, 2024, to serve with the Pathways Church team and will include without limitation, travel, team training, outreach ministry, sightseeing, sports, recreation and other similar activities customarily associated with mission service, (hereafter collectively referred to as "Mission Service"), I agree to all the terms and conditions set forth in this Agreement.

General Risks of Missionary Activities. I am aware of the hazards and risk to me and my property that are associated with serving in a missions capacity, such hazards and risk including without limitation, injury, accidents, disease, inadequate medical services and supplies; criminal acts (including terrorism); natural disasters; weather conditions; government action; the risks of traveling to or from my mission destination; and other undefined harm or damage which may not be readily foreseeable, and other present unknown risks and danger (collectively "Risks"). I recognize and understand that the Risks have always been associated with Mission Service and cannot be eliminated. I knowingly, voluntarily, and willingly assume the Risks.

I understand that Pathways Church is not responsible for matters beyond their control and that they cannot warrant the safety or suitability of the circumstances under which I will be living or working. I acknowledge that it is my responsibility to take every precaution to safeguard my health and protect my personal belongings from damage or theft.

- 2. Standards of Conduct. I agree to conduct myself in a manner compatible with local laws and regulations; with Pathways guidance; and the orders and directives of my Mission team leaders. I will refrain from conduct that is improper, offensive, disruptive, or otherwise inappropriate for the Mission Service, or that is potentially detrimental to my own or others health or safety, or potentially detrimental to Pathways Church. I understand and affirm that Pathways Church has sole right and discretion to terminate my participation in the Mission Service, including violations of this paragraph. I further understand that if my participation is terminated, I will not receive any refunds and I will be responsible for arranging and paying all costs associated with my termination, including without limitation, travel costs.
- 3. <u>Health Status; Medical Care; Other Emergencies.</u> I certify that I am physically fit and adequately prepared to participate in Mission Service. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Mission Service and notify Pathways Church of any health issues or diagnoses that restrict my Mission Service participation. I hereby release Pathways Church from any and all claims, damages, injuries, or loss arising out of my failure to disclose such health issues or diagnoses.

I understand that I am solely responsible for obtaining any required vaccinations and immunizations prior to my Mission Service.

I understand that I am required to maintain medical insurance throughout my Mission Service and that I am solely responsible for paying for any and all medical care related to my Mission Service.

I authorize Pathways Church to obtain and render appropriate emergency medical care or treatment for me as may be necessary should any injury, harm, or accident occur during my Mission Service.

- 4. Photograph & Video Release. I hereby grant Pathways Church permission to use my image, likeness, and sound of my voice as recorded on audio or videotape without payment or any other consideration for any lawful purpose. I understand that my image may be edited, copied, exhibited, published, or distributed, and I expressly waive the right to inspect or approve the finished product wherein my likeness appears. Additionally, I waive any right to royalties or other compensation arising or related to using my image or recording. There is no time limit on this photographic and video release's validity or any geographic limitations. By checking this box, I wish NOT to have my photo used for ministry purposes.
- 5. I agree that should any provision or aspect of this Agreement be found to be unenforceable; all remaining provisions hereof shall remain in full force and effect.
- 6. I certify that I am age 18 or older. I have carefully read and freely signed this Agreement. I understand and agree that no oral or written representations can or will alter the contents of this document. I agree that this Agreement shall be covered by the laws of the State of Wisconsin which shall be the form for any lawsuits filed under or incident to this Agreement.
- 7. GENERAL RELEASE. Knowing the risks described above, I voluntarily agree, on behalf of my family, heirs and personal representative(s), to assume all the risks and responsibilities surrounding my participation in the Mission Service. To the maximum extent permitted by law, I release and forever discharge, hold harmless and agree to indemnify Pathways Church and all of their respective officers, employees, volunteers and agents (collectively, "Releasees") from any and all present or future claims, demands, actions, or causes of action, losses, liabilities, costs and expenses for injury to person or property, or for any other damage, which I may suffer, or for which I may be liable to any other person, related to my participation in the Mission Service (including periods in transit to or from my Mission Service destination), resulting from any cause, including but not limited to negligence on my part of on the part of any of Releasees. I do hereby expressly covenant and agree to refrain from bringing suit or proceedings at law or in equity or otherwise as provided by law, against any of the Releasees on account of any and all such claims, demands, actions, or causes of action.
- 8. I expressly agree that this Assumption of Risk, Responsibility and General Release Agreement is intended to be as broad and inclusive as permitted by law. I further state that I have carefully read this agreement and understand its contents, and that I am voluntarily giving up substantial legal rights.

I attest to the truthfulness, accuracy, and validity of the foregoing statements under penalty or perjury under the laws of

the State of Wisconsin.			
Signature:			
Date:	-		
Printed Name:			
Witness Signature:			
Date:			

Printed Name:



<u>Conditions of Participation – Mission Trip to Jericho Ministries in Honduras</u>

Assumption of Risk and General Release Agreement for a Minor

1.	Parental Consent. I,		, the
	undersigned, being the parent o	r legal guardian of	, whose date-of-
	birth is	(mm/dd/yr) my child ("my child") do here	by enter into this Conditions of
	Participation, Assumption of Risl	k and General Release Agreement for a Mir	or ("Agreement") for the purpose of
	authorizing my Child's participat	tion in a short-term mission trip, through Pa	thways Church to Honduras on or
	about November 12, 2024 to No	ovember 21, 2024 to serve and includes, bu	t is not limited to, travel, team
	training, construction, outreach	ministry, sightseeing, sports, recreation, ar	d other similar activities, customarily
	associated with Mission Service	("Mission Service"). I acknowledge that th	is is voluntary activity for which I
	freely give my permission for my	/ Child's participation.	•

- 2. Risks of Missionary Activities. I am aware of the hazards and risk associated with my Child serving in a missions capacity, such hazards and risks include, without limitation, injury; accidents; disease; inadequate medical services and supplies, criminal acts (including terrorism); natural disasters; weather conditions; government action; the risks of traveling to or from my mission destination; death; damages to personal property; and other undefined harm or damage which may not be readily foreseeable, and other present unknown risks and dangers (collectively "Risks"). I recognize that the Risks have always been associated with Mission Service and cannot be eliminated.
- 3. <u>Assumption of Risk, Release and Hold Harmless</u>. In consideration for the privilege of my Child's participation in Mission Service, I freely and voluntarily, and with full awareness, assume the Risks as my Child's parent or legal guardian. I understand that Pathways Church is not responsible for matters beyond their control and that they cannot warrant the safety or convenience of the circumstances under which my Child will be living or working.

I promise and hereby agree to waive, release, absolve, and covenant not to sue Pathways Church and all of their respective officers, employees, volunteers, and agents (collectively "Releasees"), for any kind and all claims, including claims for equitable or injunctive relief, damages, loss or injury of any kind resulting from or in any way arising directly or indirectly out of Child's participation in Mission Service.

I further promise and agree to indemnify, defend, and hold harmless the Releasees from and against all liability, claims and expense, including reasonable attorneys' fees and costs, in connection with any and all claims whatsoever for personal or bodily injury or death, including loss of use or property damage of any kind and character in connection with and arising directly or indirectly out of Child's participation in Mission Service, except for claims resulting from or arising out of Pathway's Church sole negligence. This indemnity agreement encompasses all damages and claims, including claims for equitable or injunctive relief, arising out of my Child's participation in Mission Service.

4. Standards of Conduct. I understand that while my Child participates in Mission Service, my Child must conduct himself or herself in a manner compatible with local laws and regulations; with all of Pathways policies and guidance; and the orders and directives of my Child's Mission Service team leaders. I further understand that my Child must refrain from conduct that is improper, offensive, disruptive, or otherwise inappropriate for the Mission Service, or that is potentially detrimental to my Child's or others' health or safety, or potentially detrimental to Pathways Church. I understand and affirm that Pathways Church may terminate my Child's participation in the Mission Service at any time for any reason, including violations of this paragraph. I further understand that if my Child's participation is terminated, I will not receive any refunds, and I will be responsible

for arranging and paying all costs associated with my Child's termination, including without limitation, travel costs.

5. <u>Health Status</u>: Medical Care; other Emergencies. I certify that my Child is physically fit and adequately prepared to participate in Mission Service. I agree that it is my responsibility to determine whether my Child is sufficiently fit and healthy enough to participate in the Mission Service. I understand that I am responsible for notifying Pathways Church of any health issues or diagnoses that restrict my Child's ability to participate in Mission Service. I further understand that I am responsible for obtaining any required vaccinations and immunizations for my Child.

I understand that Pathways Church requires me to maintain medical insurance for my Child throughout his or her Mission Service. I further understand that I am solely responsible for paying for all medical care received by my Child.

I understand that I will be notified in the case of a medical emergency involving my Child. However, in the event that I cannot be reached, I authorize the providing of necessary medical services in the event my Child is injured or becomes ill. I further authorize agents of Pathways Church to make emergency medical decisions on behalf of my Child, if required by law or a health care provider. I agree to hold harmless and indemnify Pathways Church for any and all actions taken by Pathways Church to obtain or provide emergency medical care for my Child.

- 6. Photograph and Video Release. I hereby grant Pathways Church permission to use my Child's image, likeness and sound of voice as recorded on audio or videotape without payment or any other consideration for any lawful purpose. I understand that my Child's image may be edited, copied, exhibited, published or distributed, and I expressly waive the right to inspect or approve the finished product wherein my Child's likeness appears.

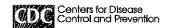
 Additionally, I waive any right to royalties or other compensation arising or related to using my Child's image or recording. There is no time limit on this photographic and video release's validity or any geographic limitations.

 By checking this box, I wish NOT to have my child's photo used for ministry purposes.
- 7. <u>General Provisions</u>. I agree that should any provision or aspect of this Agreement be found to be unenforceable, all remaining provisions hereof shall remain in full force and effect.

I understand and agree that no oral or written representation can or will alter the contents of this document. I agree that this Agreement shall be governed by the laws of the State of Wisconsin, which shall be the forum for any lawsuits filed under or incident to this Agreement.

I, the undersigned parent/and or legal guardian affirm that I am freely signing this Agreement. I have read this form and fully understand that by signing this form, I am giving up legal rights and/or remedies which may otherwise be available to myself or my Child. I further attest to the truthfulness, accuracy, and validity of the foregoing statements under penalty of perjury under the laws of the State of Wisconsin.

Legal signature of parent or legal guardian:	
Date:	
Printed Parent/Guardian Name:	
Witness Signature:	<u> </u>
Date:	·
Printed Witness Name:	





Travelers' Health

Honduras

Pack items for your health and safety.

- You may not be able to purchase and pack all of these items, and some may not be relevant to you and your travel plans. Talk to your doctor about which items are most important for you.
- This list is general and may not include all the items you need. Check our Traveler Information Center for more information if you are a traveler with specific health needs, such as travelers who are pregnant, immune compromised, or traveling for a specific purpose like humanitarian aid work.
- Remember to pack extras of important health supplies in case of travel delays.

Pres	cription medicines
	☐ Your prescriptions
	□ Travelers' diarrhea antibiotic
	☐ Suture/syringe kit
	Kit is for use by local health care provider & requires a letter from your doctor on letterhead stationery
	□ Altitude sickness medicine
	□ Medicine to prevent malaria
Med	ical supplies
	□ Glasses
	Consider packing spare glasses in case yours are damaged
,.	Contact lenses
	Consider packing spare contacts in case yours are damaged
	□ Needles or syringes (for diabetes, for example) Requires a letter from your doctor on letterhead stationery
	□ Suture kit
	Kit is for use by local health care provider & requires a letter from your doctor on letterhead stationery
	☐ Diabetes testing supplies
	□ Insulin
	□ Inhalers
	□ Epinephrine auto-injectors (EpiPens)
	□ Medical alert bracelet or necklace
Over	-the-counter medicines
	□ Antacid
	□ Diarrhea medicine Examples: loperamide [Imodium] or bismuth subsalicylate [Pepto-Bismol]
	□ Antihistamine
	☐ Motion sickness medicine
	□ Cough drops

3/5/24, 1:59 PM	Honduras - Traveler view - Packing List
1 -	□ Cotton swabs (Q-Tips)
	□ Tweezers
	☐ Eye drops
	□ Oral rehydration salts
Docu	ments
	□ Health insurance documents Health insurance card (your regular plan and/or supplemental travel health insurance plan) and copies of claim forms
	☐ Proof of yellow fever vaccination If required for your trip, take your completed International Certificate of Vaccination or Prophylaxis card or medical waiver
	☐ Copies of all prescriptions Make sure prescriptions include generic names. Bring prescriptions for medicines, eye glasses/contacts, and other medical supplies.
	□ Contact card Carry a contact card containing the street addresses, phone numbers, and e-mail addresses of the following: □ Family member or close contact remaining in the United States
	□ Health care provider(s) at home
	☐ Lodging at your destination
	☐ Hospitals or clinics (including emergency services) in your destination
	US embassy or consulate in the destination country or countries
Content	t reviewed: July 13, 2023 source: National Center for Emerging and Zoonotic Infectious Diseases (NCEZID) of Global Migration Health (DGMH)



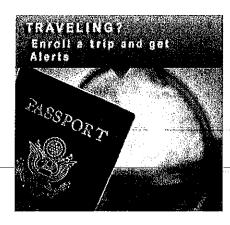
S mart Traveler Enrollment Program

U.S. Department of State



Create Account

Log In







What is STEP?

The Smart Traveler Enrollment Program (STEP) is a free service to allow U.S. citizens and nationals traveling and living abroad to enroll their trip with the nearest U.S. Embassy or Consulate.

Benefits of Enrolling in STEP

- Receive important information from the Embassy about safety conditions in your destination country, helping you make informed decisions about your travel plans.
- Help the U.S. Embassy contact you in an emergency, whether natural disaster, civil unrest, or family emergency.
- Help family and friends get in touch with you in an emergency.

Stay Informed, Stay Connected, Stay Safe!

Smart Traveler Enrollment

Create Organization/Group Account Subscribe or Unsubscribe Contact Us Privacy Paperwork Reduction Act

Stay Connected



(49)

Travel.State.Gov

Travel.State.Gov U.S. Embassies & Consulates Country Information Latest Travel Advisories